



Courtesy of The Arizona Republic
David Wallace - 3/24/2011

NHL Defenseman Kurt Sauer: ‘This is the power of the brain’

Kurt Sauer, Phoenix Coyotes defenseman and NHL All-Star, has “gone through the last 20-some months, trying to figure out what is going on.”

After nearly two years of searching for a solution for headaches, constant pain, lack of energy and sleep problems, Kurt came to Brain State Technologies®. With the help of founder Lee Gerdes, Kurt looked to turn back the clock to a time before he was cross-checked into the boards during a game against the Anaheim Ducks. This destructive hit left Kurt with a severe concussion and whiplash that has prevented him from playing the game he loves.

“I felt like I had a knife in the back of my shoulder blade; tingling made a line across the top of my head. There was a throbbing pain in my temples on both sides and then my vision went off. For two more weeks, I tried to play hockey. It didn’t work. I wasn’t doing well. Basically, I pulled the plug on myself after I tried to do a conditioning drill and it made me dizzy where I had the spins.”

Kurt has seen doctors specializing in the neck, spine and brain. According to Kurt, no one has been able to make a clear diagnosis.

“We’ve basically went through the last 20-some months, trying to figure out what is going on. Not one symptom has gotten better or disappeared. I did the medical. I went through the doctors. I went through vestibular. I went through physical therapy for my neck. I went through chiropractors, acupuncturists, doctors; multiple, MRIs, the whole works. Nothing yet has worked, so when I heard about Brainwave Optimization™, I was ready to learn more.”

*“So how do you fix something when you don’t know what it is?
- Carmen Sauer”*

After his first series of sessions, Kurt was sleeping better, his headaches were improved, and he had more energy.

“The technology is phenomenal. The biggest change for me is waking up in the morning. I have way less of a headache; a lot less – where now it’s easy to wake up. I even got to play football yesterday with my little boys and I didn’t feel like it knocked me out at all. That was the a first time in two years so that was great.”

- Excerpted from actual client comments
May 13, 2011

Kurt Sauer experienced Brainwave Optimization™ at
Brain State Technologies®, Scottsdale, Arizona, United States

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TECHNOLOGIES®
The Leading System for Brainwave Optimization™ WITH RTB™